

My AndroGel 1.62% Treatment Action Plan

AndroGel 1.62% is an FDA-approved treatment for adult male hypogonadism associated with a medical condition. This action plan can help you stay on track with your daily AndroGel 1.62% therapy. It is recommended that you have follow-up blood tests, to check your testosterone levels, 14 days and 28 days after starting treatment so your doctor can ensure you are on the right dose.

Work with your doctor to schedule follow-up blood tests to have your testosterone levels checked:

Follow-up #1 »

Date/Time

After starting therapy, it's important to keep regular follow-ups, so your doctor can **evaluate your treatment response and adjust your dose if needed**. Also, be sure to:

1 Sign up for potential savings and helpful resources through The Restoration Program™. Visit AndroGelSavings.com or call **1-855-AGEL-162** Monday–Friday 8:00 a.m.–10:00 p.m. EST.

2 Apply AndroGel 1.62% correctly every day as prescribed by your doctor. Do not apply AndroGel 1.62% to any other parts of your body, including the abdomen, genitals, chest, armpits (axillae), or knees. If you are unsure how to apply, ask your doctor immediately. Visit AndroGelApplication.com for step-by-step instructions, and refer to the AndroGel 1.62% Medication Guide for complete instructions.



Apply



Wash



Cover

3 Return for follow-ups. This allows your doctor to make sure your dose is correct and assess your treatment.

- **Speak openly with your doctor** if you have any questions about hypogonadism due to certain medical conditions or how treatment is working for you
- **Stay on track** by continuing to see your doctor even after your second follow-up appointment

Use

AndroGel® (testosterone gel) 1.62% is a controlled substance, available by prescription, used to treat adult males who have low or no testosterone due to certain medical conditions.

It is not known if AndroGel 1.62% is safe or effective to treat men who have low testosterone due to aging.

It is not known if AndroGel 1.62% is safe or effective in children younger than 18 years old.

Testosterone products that are applied to the skin may have different doses, strengths, or application instructions that may lead to different levels of testosterone in your body.

Safety Considerations

AndroGel can transfer from your body to others. This can happen if other people come into contact with the area where the AndroGel was applied. Signs of puberty that are not expected have happened in young children who were accidentally exposed to testosterone through skin-to-skin contact with men using topical testosterone products like AndroGel. Women and children should avoid contact with the unwashed or unclothed area where AndroGel has been applied. Patients must strictly follow the recommended instructions for use. AndroGel must not be used in men with breast cancer or who have or might have prostate cancer, or in women who are or may become pregnant or are breastfeeding. AndroGel can cause serious side effects, including worsening symptoms of an enlarged prostate; possible increased risk of prostate cancer; blood clots in the legs or lungs; possible increased risk of heart attack or stroke; lower sperm count; swelling of the ankles, feet, or body; enlarged or painful breasts; problems breathing during sleep; and may have the potential for abuse, particularly with high doses or in combination with other anabolic steroids.

Please see additional Important Safety Information on the following page.

Please click here http://www.rxabbvie.com/pdf/androgel1_62_PI.pdf for full Prescribing Information, including Medication Guide.



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Important Safety Information¹

- AndroGel 1.62% can transfer from your body to others. This can happen if other people come into contact with the area where the AndroGel 1.62% was applied.
- Signs of puberty that are not expected have happened in young children who were accidentally exposed to testosterone through skin-to-skin contact with men using topical testosterone products like AndroGel 1.62%.
- **Women and children should avoid contact with the unwashed or unclothed area where AndroGel 1.62% has been applied. If a woman or child makes contact with the AndroGel 1.62% application area, the contact area on the woman or child should be washed well with soap and water right away.**
- **To lower the risk of transfer of AndroGel 1.62%, you should apply it **only** to your shoulders and upper arms, areas that will be covered by a short-sleeve T-shirt. Wash your hands **right away** with soap and water after applying. After the gel has dried, **cover the application area with clothing** until you have washed the application area well or have showered. **If you expect another person to have skin-to-skin contact with your shoulders or upper arms, first wash the application area well with soap and water.****
- Do not apply AndroGel 1.62% to any other parts of your body, such as your stomach area (abdomen), penis, scrotum, chest, armpits (axillae), or knees.
- **Stop using AndroGel 1.62% and call your healthcare provider right away if you see any signs and symptoms of puberty in a child, or changes in body hair or increased acne in a woman, that may have occurred through accidental exposure to AndroGel 1.62%.**
- Do not use AndroGel 1.62% if you have breast cancer or have or might have prostate cancer.
- AndroGel 1.62% is not meant for use in women and must not be used in women who are or may become pregnant or are breastfeeding. AndroGel 1.62% may harm the unborn or breastfeeding baby. Women who are pregnant or who may become pregnant should avoid contact with the area of skin where AndroGel 1.62% has been applied.
- Before you use AndroGel 1.62%, tell your healthcare provider if you have breast cancer; prostate cancer; urinary problems due to enlarged prostate; heart, kidney, or liver problems; problems breathing while you sleep (sleep apnea); or have any other medical conditions.
- **AndroGel 1.62% can cause serious side effects, including:**
 - **If you already have enlargement of your prostate gland, your signs and symptoms can get worse while using AndroGel 1.62%** (including changes in urination)
 - **Possible increased risk of prostate cancer**
 - **Blood clots in the legs or lungs.** Signs and symptoms of a blood clot in your leg can include leg pain, swelling, or redness. Signs and symptoms of a blood clot in your lungs can include difficulty breathing or chest pain.
 - **Possible increased risk of heart attack or stroke**
 - AndroGel 1.62% is a controlled substance (CIII) because it contains testosterone that can be a target for people who abuse prescription medicines. Keep it in a safe place to protect it and never give it to anyone else. Selling or giving away this medicine may harm others and is against the law.
 - **In large doses, AndroGel 1.62% may lower your sperm count**
 - **Swelling of your ankles, feet, or body, with or without heart failure.** This may cause serious problems for people who have heart, kidney, or liver disease
 - **Enlarged or painful breasts**
 - **Having problems breathing while you sleep (sleep apnea)**
- Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take insulin, medicines that decrease blood clotting, or corticosteroids.
- AndroGel 1.62% is **flammable** until dry. Let AndroGel 1.62% dry before smoking or going near an open flame.
- **The most common side effects of AndroGel 1.62% are** increased prostate specific antigen (a test used to screen for prostate cancer), mood swings, high blood pressure, increased red blood cell count, and skin irritation where the gel is applied.
- This is the most important information to know about AndroGel 1.62%. For further information, talk with your healthcare provider.

Reference: 1. AndroGel 1.62% [package insert]. North Chicago, IL: AbbVie Inc.

Please click here http://www.rxabbvie.com/pdf/androgel1_62_PI.pdf for full Prescribing Information, including Medication Guide.

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AndroGel[®]
(testosterone gel) 1.62% CIII